



# ST BEDE'S CATHOLIC PRIMARY WEEK 1



DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Meatballs in Gravy</b> served with Pasta Twists and Sweetcorn	<b>Crispy Chicken in a Bun</b> served with Potato Wedges and Mixed Salad	<b>Soft Roll</b> filled with Ham, Cheese or Tuna served with Mixed Salad	<b>Anzac Biscuit</b> or Fresh Fruit or Yoghurt
<b>Tuesday</b>	<b>Fish Nuggets</b> served with Herbie Diced Potatoes, Beans and Mixed Salad	<b>Sweet Tomato Pasta</b> served with Garlic Bread and Peas	<b>Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Sticky Chocolate Pudding &amp; Cream</b> or Fresh Fruit or Frozen Yoghurt
<b>Wednesday</b>	<b>Sliced Cooked Beef</b> served with Yorkshire Pudding, Roast Potatoes, Sliced Carrots and Gravy	<b>Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Soft Roll</b> filled with Ham, Cheese or Tuna served with Mixed Salad	<b>Flapjack</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Chicken Korma</b> served with Rice, Naan Bread and Mixed Vegetables	<b>Lasagne</b> served with Garlic Bread and Mixed Vegetables	<b>Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Golden Crispies</b> or Fresh Fruit or Frozen Yoghurt
<b>Friday</b>	<b>Fish Fingers</b> served with Chips, Garden Peas and Tomato Ketchup	<b>Macaroni Cheese</b> served with Garlic Bread and Mixed Salad	<b>Soft Roll</b> filled with Ham, Cheese or Tuna served with Mixed Salad	<b>Grasmere Gingerbread</b> or Fresh Fruit or Yoghurt





Available Daily: Fresh Fruit and Smoothies


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## WEEK 2

If you have any questions about the menu, please speak to the kitchen team who will be happy to help.



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Pepperoni Pizza</b> served with Curly Fries, Spaghetti Hoops and Mixed Salad	<b>Cheese &amp; Tomato Pizza</b> served with Curly Fries, Spaghetti Hoops and Mixed Salad	<b>Soft Roll</b> filled with Cheese, Tuna or Ham served with Mixed Salad	<b>Vanilla Ice Cream Tub</b> or Fresh Fruit or Yoghurt
<b>Tuesday</b>	<b>Pasta Bolognise</b> served with Garlic Bread Slice and Sweetcorn	<b>Chicken &amp; Veg Pasta Bake</b> served with Garlic Bread Slice and Sweetcorn	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Oaty Currant Bar</b> or Fresh Fruit or Frozen Yoghurt
<b>Wednesday</b>	<b>Roast Chicken Fillet</b> served with Stuffing, Roast Potatoes, Carrot and Gravy	<b>Salmon Fish Fingers</b> served with Roast Potatoes and Sliced Carrots	<b>Soft Roll</b> filled with Cheese, Tuna or Ham served with Mixed Salad	<b>Sugar Ring Doughnut</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Cheeseburger in a Bun</b> served with Potato Wedges, Coleslaw and Mixed Salad	<b>Cumberland Sausage</b> served with Mashed Potatoes, Garden Peas and Gravy	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Sticky Toffee Pudding &amp; Cream</b> or Fresh Fruit or Frozen Yoghurt
<b>Friday</b>	<b>Fish</b> served with Chips, Peas and Tomato Ketchup	<b>Sweet Tomato Pasta</b> Served with Crusty Bread and Garden Peas	<b>Soft Roll</b> filled with Cheese, Tuna or Ham served with Mixed Salad	<b>Chocolate Brownie</b> or Fresh Fruit or Yoghurt

**Available Daily: Fresh Fruit and Bread!**

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**If you have any questions about food allergens please speak to the kitchen team who will be happy to help.**

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SPRING 2022





# ST BEDE'S CATHOLIC PRIMARY WEEK 3



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Cheese &amp; Tomato Pizza</b> served with Potato Wedges, Spaghetti Hoops and Mixed Salad	<b>Ham &amp; Cheese Pizza</b> served with Potato Wedges, Spaghetti Hoops and Mixed Salad	<b>Soft Roll</b> filled with Cheese, Tuna or Ham served with Mixed Salad	<b>White Chocolate Cookie</b> or Fresh Fruit or Yoghurt
<b>Tuesday</b>	<b>Chicken Pie</b> served with New Potatoes, Green Beans and Gravy	<b>Cheese &amp; Potato Pie</b> served with New Potatoes and Baked Beans	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Iced Sponge</b> or Fresh Fruit or Yoghurt
<b>Wednesday</b>	<b>Sliced Cooked Beef</b> served with Yorkshire Pudding, Roast Potatoes, Sliced Carrots and Gravy	<b>Bacon &amp; Egg Flan</b> served with Roast Potatoes and Sliced Carrots	<b>Soft Roll</b> filled with Ham, Cheese or Tuna served with Mixed Salad	<b>Flapjack</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Cumberland Sausage</b> served with Yorkshire Pudding, Creamed Potato, Broccoli and Gravy	<b>Breaded Chicken Goujons</b> served with 1/2 Jacket Potato, Baked Beans and Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Shortbread</b> or Fresh Fruit or Yoghurt
<b>Friday</b>	<b>Fishcake</b> served with Chips, Garden Peas and Tomato Ketchup	<b>Macaroni Cheese</b> served with Garlic Bread and Peas	<b>Soft Roll</b> filled with Ham, Cheese or Tuna served with Mixed Salad	<b>Ginger Sponge</b> or Fresh Fruit or Yoghurt

**Available Daily: Fresh Fruit and Bread!**

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